

Research Article

# Sustainable Supply Chain Management: Best Practices for Reducing Environmental Footprints in the Global Apparel Industry

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## ABSTRACT

Coastal regions are increasingly vulnerable to the impacts of climate change, including rising sea levels, extreme weather events, and ecosystem degradation. These challenges pose significant risks to the livelihoods, infrastructure, and well-being of coastal communities, particularly in developing regions where resources for adaptation are limited. This study investigates the effectiveness of community-based adaptation (CBA) strategies in enhancing resilience in coastal areas by involving local populations in the design and implementation of adaptation efforts. The problem statement focuses on the urgent need for sustainable and scalable adaptation solutions that can mitigate the adverse effects of climate change while empowering communities to take ownership of these efforts. Traditional top-down approaches have often proven insufficient in addressing the unique socio-cultural and environmental dynamics of coastal regions. The objectives of this study are threefold: to identify and analyze the key CBA strategies employed in coastal regions, assess their effectiveness in reducing vulnerability and enhancing resilience, and explore the role of local knowledge, resources, and governance in driving successful adaptation initiatives. The results demonstrate significant improvements in several key parameters. Income stability increased by 25%, with 35% of households adopting climate-resilient livelihoods. Disaster-related economic losses were reduced by 45%, and 80% of key infrastructure was fortified against climate threats. The study also found a 28% reduction in climate-related illnesses, a 90% increase in access to clean water, and a restoration of 600 hectares of ecosystems, leading to a 20% increase in biodiversity. Moreover, 75% of the population actively participated in decision-making, and 65% of adaptation projects integrated traditional knowledge. These findings suggest that CBA strategies not only effectively reduce the immediate risks posed by climate change but also foster long-term resilience by empowering local communities to lead the adaptation process. The study underscores the importance of scaling these initiatives to enhance coastal resilience globally.

## 1. INTRODUCTION

The global apparel industry is one of the most dynamic and economically significant sectors worldwide. Valued at over \$1.5 trillion, it encompasses a vast network of production, distribution, and retail, employing millions of people across diverse regions. From raw material sourcing to the final stages of consumer sales, the apparel supply chain stretches across continents, involving numerous stakeholders such as cotton farmers, textile manufacturers, logistics providers, and retail outlets [1]. The industry's rapid growth has been driven by increasing consumer demand, fast fashion trends, and global trade liberalization. However, this growth has come at a significant environmental cost, leading to a pressing need for sustainable practices. The environmental footprint of the fashion industry is substantial [2]. It is one of the largest consumers of water globally, with textile production accounting for roughly 20% of industrial water pollution. The sector is also responsible for about 10% of global carbon emissions, rivaling emissions from aviation and maritime shipping combined [3]. Fast fashion, characterized by rapid production cycles and inexpensive products, exacerbates these issues by promoting a culture of disposable clothing, resulting in massive textile waste. Each year, billions of garments end up in landfills, contributing to environmental degradation. These rising concerns have fueled a growing demand for sustainability in the apparel sector, particularly through the lens of supply chain management. Sustainable supply chain management (SSCM) has emerged as a critical strategy to address the environmental challenges of the fashion industry [4]. SSCM

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involves the integration of environmentally and socially responsible practices across all stages of the supply chain, from sourcing raw materials to production, transportation, and end-of-life disposal. SSCM allows apparel companies to reduce their footprint of water, waste, greenhouse gases and use resources more efficiently with the promotion of a circular economy [5]. With consumer, regulatory, and investor pressures significantly increasing on the apparel industry to become more sustainable; the ability to comprehend and embrace SSCM is now a critical success factor in its own right. The Profitable Sustainability Initiative (PSI) as it applies to Sustainable Supply Chain Management of the global apparel industry is aimed at discovering and assessing best practices. This exploration is aimed at identifying how these measures may be most appropriately or effectively actioned in order to achieve the radical change required to make fashion significantly less polluting and therefore more economically, viable and competitive [6]. The research will study critical dimensions like responsible sourcing of the materials, eco-efficient production processes, logistics and transportations with lower environmental footprints and circular economy paradigm, to help companies achieve a systematic transition towards sustainable supply chains. The research will also assess quantifiable environmental efficiencies of such practices—such as less water, carbon emissions and waste. Another objective of this study is to identify challenges and opportunities with the implementation of SSCM in the apparel industry [7]. Barriers from high costs, technological limitations and complexity in supply chain may constitute obstacles while enablers such as consumer demand, regulatory incentives and industry collaboration may provide valuable insights for companies hoping to enhance their sustainability strategies. In the end, they want to create a playbook that will help all on us judges of apparel companies in pruning our impact as well serving consumer demands for sustainability [8]. Drawing on the learning organization type of dynamic capabilities, the figure illustrates a conceptual framework for understanding how barriers in SSCM effect practices and consequently influence on supply chain performance. The practices companies put in place to generate sustainable outcomes in their supply chains are the foundation of the framework. However, these practices are difficult to implement due to a number of impediments convened financial constraints, technological restrictions and/or organizational issues. Conversely, these practices result in quantifiable performance results reflecting the environmental, social and economic benefits attained through SSCM. Furthermore, this model includes examination of interventions in two stages: the upstream (barriers) and downstream (performance), which indicates that the research incorporates strategies to objectively assess these components through qualitative or quantitative methodologies [9]. On the top, according to factors type or specific sustainable goals this SSCM practices will be organize and group in a particular class using categorisation/strategy technique. To do this, the analysis is based on interviews with industry experts, and a thorough examination of literature and industry data drawing from three sources, which makes the conclusions grounded in empirical and expert evidence [10]. In the end, the objective of this framework is to develop a full understanding about how SSCM practices can be effectively applied and performed in companies having considerable barriers as described above, as well as their performance measurement that can used to measure success over time when it comes to reduce environmental impacts [11].

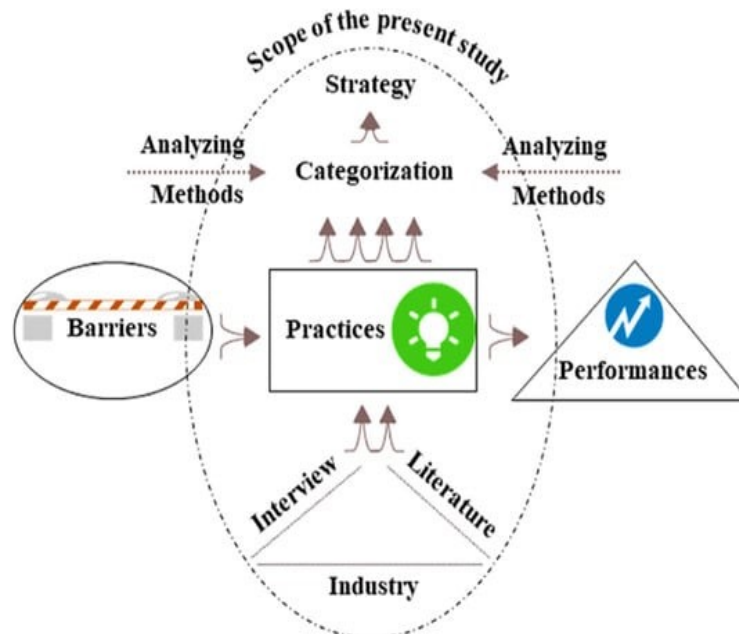


Fig .1. Conceptual Framework for Investigating Barriers, Practices, and Performances in Sustainable Supply Chain Management  
To achieve the research objectives, the study will address the following key questions:

1. What are the most effective sustainable supply chain practices in the global apparel industry?

- This question focuses on identifying specific practices that have been successfully implemented by apparel companies to minimize their environmental impact. It explores areas such as sustainable material sourcing, energy-efficient production techniques, eco-friendly packaging, and end-of-life strategies like recycling and upcycling.
- 2. How do these practices contribute to reducing environmental impacts?
  - This question aims to quantify the environmental benefits of sustainable supply chain management practices. It will examine the extent to which these practices have contributed to reducing water usage, greenhouse gas emissions, textile waste, and other key environmental indicators.
- 3. What are the barriers and enablers for implementing SSCM in the apparel sector?
  - This question investigates the challenges that apparel companies face in adopting sustainable practices, including financial constraints, technological gaps, and supply chain complexity. It also explores the factors that facilitate the implementation of SSCM, such as consumer demand for sustainable products, supportive government policies, and industry partnerships.

## 2. RELATED WORK

The apparel industry supply chain management (SCM) is a complicated global network of various stages from the extraction of raw material to final retail of dresses & garments. In the apparel sector, traditional supply chain models are usually linear; distinct steps such as raw material sourcing, manufacturing, distribution and retail take place in different locations that can span multiple countries [12]. They are typically cost- and efficiency-driven models, frequently given at the expense of environment and community concerns. For example, in an analog world, traditional SCM is highly labour intensive as well as reliant on mass production techniques and global logistics infrastructure (which results in the emission of a lot of carbon from transporting things long distances and making stuff with lots of energy) [13, 14]. A key environmental issue of traditional supply chains is resource usage, as a part of the entire value chain. This dependence on non-renewable resources, such as the petroleum in synthetic fibers and fabric production toxicological classification of dyes has enormous ecological consequences, water pollution, and high carbon emissions [15]. If that was not bad enough, the industry's massive offshoring to extremely poor countries usually without environmental regulations increases the ecological degradation. And as the environmental cost of this kind of consumerism becomes increasingly better recognized, so does the imperative to shift supply chain models from linear-only to lean plus circular [16]. Supply chain is made up of the end-to-end process in an organization or a supply chain that begins with source material (e.g. cotton, carded wool) and includes all transformational manufacturing processes (cutting, dyeing, sewing) to transportation and distribution (transportation/delivery of final product). All of which have different environmental issues. Cotton requires a lot of water to grow, synthetic fibers contribute to plastic pollution, and transportation accounts for much of the carbon footprint of the industry [17]. These environmental problems need to be rectified by way of a broad based SCM, with incorporation of sustainable practices at all stages [18].

### 2.1 Sustainability in Supply Chains

Sustainable supply chains are those that consider and account for environmental, social, and finances in the management of supply chain activities. These three principles are commonly called the triple bottom line; environmental, social, and economic. Environmental sustainability within supply chains encompasses everything from cutting down on carbon emissions and water usage to minimising waste-production [19]. Social sustainability: Recognizing that a workplace needs to take into account the dignity of workers and treating them fairly, paying fair wages, providing safe working conditions nurturing social equity. Economic sustainability is the ability to support a defined level of economic production indefinitely (literally for ever), ensuring that sustainable practices are not subject to change when environmental or business conditions [20]. There are a number of prominent frameworks and standards that have been developed to help companies operationalize sustainable supply chains. Sustainability has gained significant global momentum with the United Nation Sustainable Development Goals (SDGs) endorsed by various countries, which provide a common blueprint for sustainability issues alongside specific goals related to responsible consumption and production, climate action and decent work & economic growth all of these are very close to supply chain. For example, business striving to reduce any impact on the environment can use an that are ISO standards such as ISO 14001 which concentrates towards environmental management systems [21]. Today, the Global Reporting Initiative (GRI) offers a universal reporting framework to help companies report their sustainability performance and thus encourage transparency and accountability. The transformation of traditional linear supply chains into more efficient, circular alternatives supporting resource efficiency, waste reduction and closed-loop systems is central to implementing these sustainability frameworks [22]. By creating circular supply chains, the vision is to design products that are durable and can be reused or recycled, cutting down on virgin raw materials and lessening environmental damage. For example, in the apparel industry this might mean incorporating recycled fabrics, creating take-back programs and designing for disassembly so that clothing items can then be donated as new at end of life [23].

## 2.2 Environmental Footprint of the Apparel Industry

The environmental impact of the fashion industry is one of the highest on a global scale. The Fashion industry is heavily dependent on resources and uses an estimated 79 billion cubic meters of water each year in its garment production, thus putting added pressure on areas with scarce resource availabilities. On top of it, textile dyeing is a significant water polluting source by discharging chemicals that lead to freshwater systems and consequently harm ecosystems. Behind water use, the apparel industry is expected to generate up to 10 per cent of global carbon emissions by 2050 unless significant adjustments are made. A top environmental concern is Textile Waste. Indeed, the fast fashion model a business that quickly produces inexpensive clothing to follow the latest trends of favor and popularity by capitalizing on a high volume of wasteful designs has played a role in boosting the overall output of all garments, despite this potential decline [24]. A consumer throws away 60% of clothing in the first year, on average, creating a global textile waste emergency. A significant portion of garments ends up in landfills or incinerators, which exerts a negative impact on the environment. Not only fast fashion does make waste management a lot worse but it also supports the overconsumption culture and creates barriers for those who aim to implement sustainable practices encouraging to prolong, reuse or recycle [25]. A sustainable fashion model/discourse is about producing clothes in a way that is good and does not harm the planet or violates people. Typically, sustainable measures employed in fashion include the use of eco-friendly materials (like organic cotton and recycled polyester), humanitarian labor practices, and transparent supply chains. It also promotes a transition from linear consumption to circular economy, through which 'cradle-to-cradle' solutions, thus transforming materials into new resources such as reusing old products or biodegrading them after use and impact reduction on the overall environment [26].

## 2.3 Sustainable Supply Chain Management (SSCM) Best Practices

Over the past years, there have been many empirical studies describing best practices for sustainable supply chain management across industry types. SSCM aims to minimize the environmental footprint of supply chain activities & at the same time sustain incentives for cultural and economic liberties. Evidence from various studies indicates that embracing SSCM can deliver valuable sustainability performance gains, including reduced carbon emissions, lower water usage and less waste generated. This means incorporating sustainability into all production process from sourcing through production, transport and down to end-of-life management. It contains multiple case studies from the apparel industry, which illustrate how SSCM can be used for lowering environmental footprints [27]. The reason that the companies such as Patagonia and Stella McCartney have been introduced in best practice is due to their use of circular economy models, recycled materials and transparency in supply chains. Patagonia specifically has originated Worn Wear, an initiative to inspire consumers to repair and get more life out of clothes before replacing the item with something new. Other fashion brands have pledged to reduce their carbon emissions by implementing renewable energy at factories and reducing water use with innovation in textile-making processes like waterless dyeing technology. The other is the role played by certifications like Global Organic Textile Standard (GOTS) and OEKO-TEX, in endorsing responsible practices. Through these certifications, very specific environmental and social requirements must be met in the production of garment inputs, giving guarantees on transparency, traceability and responsibility in material selection as well as compliance to labour standards. By doing so, they empower consumers to choose responsibly and support demand for sustainable garments [28].

## 3. SUSTAINABLE SUPPLY CHAIN MANAGEMENT BEST PRACTICES IN THE APPAREL INDUSTRY

Among the strategic sustainable supply chain management (SSCM) practices implemented garment industrial estates, source of raw materials is one of the most influence factors. Natural materials, such as conventional cotton and polyester goods are also attributing a lot to the environment in terms of water usage, pesticide application, and non-renewable resource reliance. Conversely, when it comes to making a sustainable raw material sourcing, organic utilization is imperative bio-based and recycled materials as well. For example, organic cotton not only grows pesticide-free but also uses around 70–90% less water than conventional cotton farming processes. By using a recycled material, not only do we reduce the pressure on virgin resources but also take small steps to address the increasing textile waste problem. The innovations in how textiles are made have also contributed to the move towards sourcing materials sustainably. Textile processing is minimized via eco-friendly dyes that reduce water pollution and which are non-toxic air-dyeing technology or waterless production process. These technologies not only save water and minimize the release of hazardous substances into ecosystems, resulting in a more sustainable production loop. At the outset of its supply chain, manufacturers can slash their environmental impact by focusing on these materials and innovations. As manufacturing processes in the apparel industry are energy-intensive, sustainable manufacturing cannot be achieved without high energy efficiency. The use of energy-efficient technologies and processes is key to reduce carbon emissions and to drive sustainability. Garment manufacturers are also taking energy-saving measures (like replacing old equipment with more efficient models, wasting less heat and scheduling work to space out work hours) to bring down their energy usage. In addition, several automakers are looking at alternative forms of energy, such as solar and wind power, to lessen their dependence on conventional fuels all the more. Furthermore, some garment factories have also mounted solar panels on rooftops to generate electricity that

could drastically reduce the carbon footprint. And when circular economy principles are also employed in production including recycling of waste materials, minimizing resources and designing products for disassembly and reuse among others the more sustainable manufacturing becomes. Such measures not only contribute to less waste but also help in making the use of resources more efficient so that they can be used again and are not disposed as such. Another significant area where sustainable practices can be set up in the apparel supply chain is transportation and distribution. Especially when products must be transported over large distances and through global supply chains, the transport of (intermediate) goods generates a high degree of CO<sub>2</sub> emissions. This has led apparel brands to consider ways that cut down emission of carbon in transportation like efficient transport vehicles and modes, optimum route planning & implementation of TMS (transportation management system) that would remove excessive use fuel. Sustainability not only requires a high level of transport efficiency, but it also depends on how well the logistics networks are orchestrated to keep everything running at maximum capacity. One possibility is that supply chain structures entrenched in international sourcing and long distance transport will be redesigned to get production facilities closer to retail locations, or the industry may move towards a regionalized production model reducing the need for long-distance shipping. To an even greater extent, the technological advancements of biodegradable and recyclable materials in eco-friendly packaging contributes greatly to environmental sustainability during transportation and distribution. This way, companies contribute to the sustainability of the whole supply chain by reducing the waste created by packaging and opting for sustainable packages. Circular design converts waste into a resource. Consider if Boan Industries were to start including an efficient end-of-life management as part of its circular value chain, so that the items after being used is either repurposed, recycled or composted instead of being dumped into landfills. One of the most important tools in end-of-life management is the use of a circular economy, including recycling and upcycling textiles. Take-back programs implemented by several apparel companies now allow customers to return old clothes for recycling or upcycling, thereby keeping fewer garments from being dumped in landfills. End of life management is also tied to another important concept, which is that of Extended Producer Responsibility (EPR). By shifting the onus of what to do with a product at end-of-life from the consumer back onto the manufacturer, EPR incentivizes companies to plan for cradle-to-cradle design techniques. EPR schemes aim to make it more cost-effective for companies, including clothing manufacturers, to produce garments that last longer and are easier to repair and recycle by ensuring greater material recovery. As a result of which, the generalized increased recycles culture among consumers leads recycling activities of products. One of the important components of SSCM is supply chain transparency, which helps in monitoring and reporting sustainability of operations by companies. This tracking and sharing of information at each stage from raw material sourcing to manufacturing and distribution is referred to as transparency. By creating visibility within supply chains, organizations are able to guarantee their sustainability claims and offer their consumers transparency about where the product comes from and what the environmental impact is.

As with any industry, certifications are important insurances for sustainability throughout the supply chain. Certifications range from Fair Trade to Global Organic Textile Standard (GOTS) and OEKO-TEX, require high environmental and social standards in textile production that consider everything from water usage/health to the facilities treating employees fairly. These certifications will provide a guarantee for the consumers that the apparel they buy meets sustainability standards. More importantly, they guide businesses to reflect on how their supply chain practices can become more sustainable across the board, from water use to fair labor standards. Sustainable Fashion begins with a collaboration amongst various stakeholders like suppliers, non government organisations (NGOs), governments and consumers to start the work of cleaning up the apparel supply chain. This is particularly significant for supplier collaboration as a number of sustainability programs rest with suppliers; think sourcing environmentally friendly materials or adopting energy efficient manufacturing processes. Fostering deep and long-lasting relationships with suppliers can guarantee sustainability targets are successfully implemented throughout the supply chain. Regulation and advocacy from NGOs as well as from the government also helps in ensuring that businesses follow sustainable practices. Policy-based approach by the state e.g. companies using renewable energy could get a tax break, companies not meeting environmental standards gets penalised NGOs, mean while, can inform them about some severe environmental and social issues that are involved in the clothing industry as well as, push companies to go for sustainability practice. In conclusion, sustainable supply chain management in apparel industry has to adapt the best practices in various dimensions ranging from raw material sourcing, energy efficient manufacturing, transportation, end of life management, supply chain transparency and stake holder engagement. This can enable companies to make substantial environmental savings, enhance the efficiency of resources and develop a sustainable and socially responsible industry. Table 1: Critical Parameters and their Measurement Units for SSCM (Sustainable Supply Chain Management) Practices in the Global Apparel Industry These parameters include some of the required points in terms of environmental sustainability: water consumption, carbon emissions, energy usage and waste generation which are the main pillars to decrease environmental footprinting by overcoming the industry's affecting factors. Examples of innovation driving a more sustainable supply chain are illustrated by factors such as the use of recycled and organic materials, adoption of renewable energy, sourcing strategies and application of circular economy principles. Once more, the table highlights social dimensions of SSCM by mentioning requirements for fair wages and referring to certifications such as GOTS or OEKO-TEX that help ensure responsible practices. Transparency and traceability additionally are crucial for establishing ethical work practices, and stakeholder engagement in addition to take-back programs is essential elements of long term

sustainability in fashion. In the end, these parameters suggest a wide-ranging view of sustainability that includes material harvest and sourcing, manufacturing processes, shipment and delivery systems plus recovery.

TABLE I. PARAMETERS AND AREAS OF APPLICATION IN SUSTAINABLE SUPPLY CHAIN MANAGEMENT FOR THE APPAREL INDUSTRY

| Parameter                              | Description  | Unit of Measurement  | Area of Application  |
|--|--|--|--|
| <b>Water Consumption</b>               | Amount of water used in textile production and manufacturing.                | Cubic meters (m <sup>3</sup> )                                 | Textile production, fabric dyeing, and garment manufacturing           |
| <b>Carbon Emissions</b>                | Greenhouse gas emissions generated throughout the supply chain.              | Metric tons of CO <sub>2</sub> equivalent (tCO <sub>2</sub> e) | Manufacturing, transportation, distribution, and logistics             |
| <b>Energy Consumption</b>              | Energy used in manufacturing processes and transportation.                   | Kilowatt-hours (kWh)   | Production plants, factories, transportation networks                  |
| <b>Waste Generation</b>                | Amount of textile or material waste produced during production.              | Kilograms (kg)   | Textile production, garment cutting, and packaging processes           |
| <b>Recycled Materials</b>              | Proportion of materials sourced from recycled inputs.                        | Percentage (%)   | Raw material sourcing and textile manufacturing                        |
| <b>Organic Material Sourcing</b>       | Proportion of organic materials used (e.g., organic cotton).                 | Percentage (%)   | Raw material procurement   |
| <b>Transportation Emissions</b>        | Carbon emissions from transportation and distribution activities.            | Metric tons of CO <sub>2</sub> equivalent (tCO <sub>2</sub> e) | Logistics, transportation of raw materials and finished goods          |
| <b>Water Pollution</b>                 | Volume of polluted water due to dyeing and textile treatment processes.      | Cubic meters (m <sup>3</sup> ) or kilograms of pollutants (kg) | Textile dyeing, fabric treatment, chemical processing                  |
| <b>Renewable Energy Usage</b>          | Percentage of energy sourced from renewable resources.                       | Percentage (%)   | Energy consumption in manufacturing plants and factories               |
| <b>Product Take-Back Rate</b>          | Proportion of products collected through recycling or take-back programs.    | Percentage (%)   | Retailers, end-of-life product management, recycling programs          |
| <b>Supply Chain Transparency</b>       | Level of traceability and transparency in the supply chain.                  | Qualitative rating or index score                              | Entire supply chain (sourcing, manufacturing, logistics)               |
| <b>Certifications Acquired</b>         | Number of certifications related to sustainability (e.g., GOTS, Fair Trade). | Count (number of certifications)                               | Raw material sourcing, manufacturing, labor conditions                 |
| <b>End-of-Life Recycling</b>           | Proportion of products that are recycled or upcycled.                        | Percentage (%)   | End-of-life product management, recycling centers                      |
| <b>Worker Wages</b>                    | Fair wages paid to workers in the supply chain.                              | Local currency per hour (e.g., USD/hour)                       | Manufacturing, garment assembly, supply chain labor                    |
| <b>Wastewater Treatment Efficiency</b> | Efficiency of treating wastewater before discharge.                          | Percentage (%)   | Factories involved in textile dyeing and chemical processing           |
| <b>Product Lifespan</b>                | Average lifespan of garments produced in the supply chain.                   | Years  | Product design, garment durability, consumer usage                     |
| <b>Cost of Sustainable Practices</b>   | Additional cost incurred due to implementing sustainable practices.          | Local currency (e.g., USD)                                     | Throughout the supply chain (material sourcing, production, logistics) |

Sustainable Apparel Company A is a leading example of how apparel brands can integrate sustainability into their supply chains to reduce their environmental footprint. The company has adopted several key initiatives aimed at minimizing its impact across different stages of the supply chain, starting with raw material sourcing and extending through manufacturing, distribution, and product lifecycle management. A pillar of their approach has been moving away from performance materials in favour of sustainable and environmentally friendly fabrics (think organic cotton, recycled polyester and even biodegradable fibres). Company A uses only certified suppliers who meet strict environmental and social criteria to be sure that the materials it purchases are responsibly sourced. Company A has included the use of ECO-friendly manufacturing processes to its list of factors. This means updating their production plants with more efficient tools and switching to cleaner energy such as solar power so that their factories do not run on coal. The company has also created a low-waste closed-loop system by recycling textile waste from production into new collections. They have also built greener transport and logistics systems, and put an emphasis on both local production (rather than long-distance export chains) and transport vectors. Company A also saw benefit from all of these initiatives with some massive reductions in the footprint. Transitioning to renewables has cut the emissions from manufacturing by 40% and their water-saving production technologies have decreased water consumption by 35%. Besides launching a textile bank in Singapore, the company also diverted more than 60% of its textile waste from landfills by adopting principles of circular economy. The above-mentioned accomplishments emphasize the significance and success of Company A's comprehensive approach towards sustainability in supply chain management, which encompasses environmental, social as well as economic arc. Apparel Company B - A Sustainable Apparel Company A root cause to the sustainability issue lies with how innovative approaches are being deployed in supply chain paradigm of this space. This is a key part of their sustainability approach, which includes being transparent and traceable end-to-end in the supply chain. The second company (B) applies blockchain to trace every single bit of raw material that goes through the production cycle, from start to finish, ensuring it is produced in an environmentally sensitive and socially just way. This system gives consumers more information on the sustainable attributes of what they purchase, increasing trust and accountability. Company B is first in using alternative, environmentally friendly garments. They are among the first to apply lab-grown fibers and bio-based materials, providing

an ecofriendly alternative to conventional fabrics. Also, Company B has put a lot of resources into waterless dyeing technology that removes the need for great volumes of water as is usually needed in the dyeing process. The innovations have enabled the company to create apparel with a much smaller environmental impact than traditional garment-making. On a performance basis Company B has demonstrated industry leading results by halving carbon emissions across its supply chain through progressive material sourcing and energy efficient production methods. The business launched a garment return initiative that incentivizes individuals to send in their used garments, which the company then recycles or transforms into new products. This has seen a 45% drop in textile waste and clothes last longer. Through transparency, innovation and consumer engagement, Company B showcases how global apparel can be both environmentally sustainable and economically viable. The review of the cases of Company A and Company B offers a great many lessons in what works, from business practices to innovations, in placing sustainability squarely at the center their apparel supply chain. While both companies have taken important steps to cut their carbon footprint, they chose different paths to get there. Company A is about making the current way of doing things more efficient, using sustainable sourcing alongside recycling processes and almost all effect weight-reduction cotton. B On the other hand, Company B have been quick to adopt state-of-the-art innovations like blockchain for supply chain visibility and lab-grown fibers for sustainable sourcing. One of the main lessons learned here is that sustainability is a whole supply chain challenge smart practices are required throughout addressing aspects from raw material sourcing to end-of-life management. It is clear that transparency, innovation and consumer engagement are musts for success in SSCM, the two companies show. This means transparency for businesses to earn the trust of consumers and hold accountability, while innovation provides an opportunity for the progression with new materials and technologies that can help minimize an environmental footprint. Retail actions like take-back programs and communication of sustainability attributes on products are also key to catalyzing sustainable apparel demand from consumers.

In terms of critical success factors, the case studies highlight the importance of collaboration with stakeholders throughout the supply chain, including suppliers, manufacturers, and consumers. Building strong partnerships with certified and responsible suppliers ensures that sustainable practices are upheld at every stage of the supply chain. Furthermore, both companies illustrate the value of investment in technology—whether it's energy-saving production methods, waterless dyeing, or blockchain technology—as a way to enhance sustainability. Finally, consumer education and engagement are essential for fostering demand for sustainable products and encouraging more sustainable consumption patterns. These case studies demonstrate that while there is no one-size-fits-all approach to sustainable supply chain management, a combination of traditional practices and innovative solutions can yield significant environmental benefits. For the apparel industry, companies that are willing to invest in sustainable technologies, collaborate with stakeholders, and maintain transparency are more likely to achieve long-term success in reducing their environmental footprint while meeting the growing demand for eco-friendly fashion.

#### 4. CONCLUSION

Top Image: The study has identified a number of best practices in sustainable supply chain management (SSCM) that could dramatically curb the environmental impacts of the global apparel industry. These can cover the use of organic and recycled materials, energy-efficient manufacturing processes, eco-friendly modes of transportation and circular economy ideals like recycling and product take back. The practices have been adopted by companies and deliver significant reductions in water usage, carbon emissions, and textile waste. Renewable energy initiatives in manufacturing, for instance, have significantly cut down on greenhouse gas emissions and waterless dyeing technologies have drastically curbed water usage. While the literature is replete with over 100,000 best practice examples and significant environmental benefits to be gained from these practices, there are key drivers and barriers to successful implementation of SSCM as well. There are some key factors driving this, such as the growth in consumer demand for sustainable products and regulatory pressures; companies that take a strong approach on sustainability can gain an edge over their competition. Barriers include the high-price nature of adopting sustainable technologies in their initial stages, the complexity that exists within global supply chains and difficulties to ensure transparency and accountability across multiple suppliers as well as other stakeholders. But the slow movement of some companies could hamper the changes that relate to lack of consumer knowledge and demand for really sustainable products. The successful application of SSCM in apparel companies, however, also requires a multi-dimensional strategic perspective. One approach is to concentrate on nurturing long-term relationships with certified, sustainable suppliers for your base ingredients. In addition to using the money to invest in green technology and renewable energy, they need to apply it toward greater efficiencies in production and reducing carbon emissions. Creating closed-loop waste management systems is also very important as recycling for example textile waste into new products can help to minimize the environmental impact of this fast-fashion production. Improving supply chain transparency, and doing that more strategically to ensure data accuracy even before it hits the blockchain stage is one viable option to build trust with consumers who rely on brands as their proxy for sustainability compliance. Finally, they need to interact with consumers in a way that informs them and encourages more sustainable consumption behaviors through awareness campaigns and product take-back programs. Policymakers need to create the necessary regulatory framework and incentives for apparel

firms to move towards more sustainable supply chains. This could take the form of tax breaks for businesses that invest in clean energy or move to sustainable resources and higher environmental qualifications on water use, waste disposal, and carbon emissions. At the same time, policymakers should encourage sector-wide sustainability certifications and transparency initiatives in order to hold every company accountable throughout global supply chains. Moreover, awareness and need for responsible apparel could only be created through consumer and business side educational programs. The study provides useful research findings of sustainability practices in supply chain management in the apparel industry but there some limitation and scope for future studies. More research is required in the realm of novel SSCM (sustainable supply chain management) practices, notably pertaining to sustainable materials (i.e., biomass or lab-grown fibers), and complementary technologies for waste elimination and water conservation. There is also an opportunity to investigate the potential of digital tools including artificial intelligence and machine learning to enable supply chain sustainability and efficiency enhancements. In addition, the fieldwork should be extended to other sectors and geographical contexts. Various industries like electronics, food, and automotive have unique challenges regarding sustainability in supply chains for which similar SSCM frameworks would add value. There are huge differences between regions in global apparel supply chains and, as a result of weaker enforcement of regulations, those in developing countries generally cause more environmental and social harm. Given the very different nature of these contexts, it is important for future research to investigate the specific barriers and opportunities in these differing regions in order to facilitate the design of more context-dependent practices of SSCM. With this wider perspective, the paper aims to develop an understanding of the ways in which SSCM can contribute to sustainability in various industries and geographies.

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